

# New Medical Study Suggests: Use a Teeter, Help Avoid Back Surgery

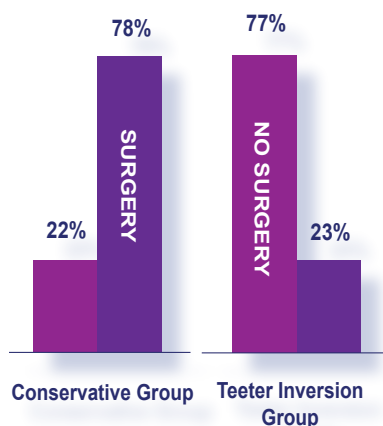
## PRODUCT TRAINING

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**Just Released Research** shows evidence that the regular use of a Teeter Hang Ups® may significantly reduce the need for back surgery.

### THE STUDY<sup>1</sup>

- Patients who were told they needed sciatic operations were divided into two groups.
- One group regularly practiced inversion therapy along with regular physiotherapy, while the other practiced physiotherapy alone.
- The results of the study suggests that patients who invert with a Teeter are 70.5% less likely to require surgery.



### THE EFFECTS

Professor David Mendelow, head of Neuroscience at Newcastle University in England, told the London Telegraph that he estimates inversion therapy could save £80 million a year (about \$160 million) in unnecessary surgeries.

### SPREAD THE WORD!

Don't be surprised if you hear more about this study in the coming months. News outlets in the United Kingdom have followed this story since the University announced its findings, and interest in inversion therapy has spiked in England and other European countries.

**For a copy of the statement released by Newcastle University, contact your Teeter Account Manager.**

<sup>1</sup> *Inversion therapy in patients with pure single level discogenic disease: a pilot randomized trial. Regional Neurosciences Centre, Newcastle General Hospital*

## SALES TIP

*Four out of five adults experience significant low back pain at some point in their lives.<sup>2</sup>*

Get to know more interesting facts from some key medical studies that support inversion therapy to supplement your sales presentation.

Check out <http://www.teeter-inversion.com/inversion-medical-studies.asp> for helpful summaries.

<sup>2</sup> *Johns Hopkins White Papers. The Johns Hopkins Medical Institutions, Baltimore, MC, 2003*